



## Keep the catheter care instructions

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1. Catheter with paper glue, paste and daily replacement parts, to avoid skin irritation caused by broken skin. Male patient is fixed to the top of the lower abdomen or thighs. While if is fixed at the upper 1/3 of the thigh for female patients. (Figure 1, II).



2. After changing position, you need to check whether the distorting catheter, catheter involve or down to prevent damage to the urethra and maintain catheter patency, For ambulation advised emptying the bag, avoid backflow of urine lead to infection.
3. The perineum should be cleansed at least once daily. In female patients, the sides of the labia should be brushed aside and rinsed from the inside out, flush from the urethra to anus, do not use cotton sticks in a back and forth motion to avoid infection, in male patients, cleanse dirt from foreskin to maintain area of catheter insertion unobstructed, if there is excessive secretion, increase frequency of urethra cleaning, if unnormal secretion occurs, please notify the nursing staff immediately.
4. If the patient has no water restrictions, the daily intake of water 2000cc ~ 3000cc, and always see whether the sediment or catheter urine leakage scenarios. Patient with no special disease restrictions, the diet encourages more intake of cranberries and vitamin C-rich foods to prevent urinary tract infections.

5. Away from the bed or handling the patient in order to prevent backflow of urine causing urinary tract infection, urine bag below the bladder in place the position, but do not hang down to the ground.
6. The urine bag must be emptied every 8 hours or when the is more than half full, need to be evacuated within the urine bag and close the bag mouth, emptying the bag. not to hit down the urine urination container to avoid infection.
7. If the catheter has a precipitate, the catheter may be down to the direction of the bag and with both hands thumb and forefinger squeeze catheter, avoiding catheter occlusion (see Figure III).

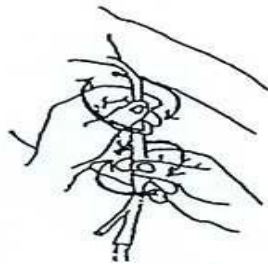


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8. After defecation, Please swipe from the urethra to the anus and clean the anu thoroughly prevent infections.

If you have any question or suggestion, please contact with us. We are happy to provide you services to you. Contact telephone number: MacKay Memorial Hospital: (02)25713760; Hsinchu MacKay Memorial Hospital: (03)5745098; Taitung MacKay Memorial Hospital: (089)310150 ext: 311. Time of consultant: 9:00 am~12:00 noon, 2:00 pm~5:00 pm Monday ~ Friday.

**May God bless you**