



Medical Restraint Instruction

Created in 2008.03
Revised in 2021.04
English version in 2021.04

- I. The indications of using medical restraint: when the patient is unconscious or impetuous/uneasy and can't cooperate with the medical treatment, the patient begins behaviors of self hurting or hurting others. such as pulling the tubes attached to the body and thus causing the life more dangerous, the medical restraint will be used.
- II. Physician will give the restraint order after evaluating the patient's condition. The nurses will evaluate the patient's condition and give the proper restraint time during the caring period.
- III. During the restraint period, medical staff will visit regularly, will observe the circulation situation of the restraint parts, such as skin color, temperature, pulse or swelling.
- IV. Nurses should still provide the following activities during the restraint period: turn over, eat, urinate, clean, etc. Nurses should also help the patient to have a comfortable position.
- V. If the bed railing or wheelchair is broken and can't be fixed, please inform the nurse at once to prevent the patient falling down.
- VI. When the patient is agitated, don't let the patient be alone. Someone must keep company to watch out for the safety. If you need to leave, please be sure to inform the nurse.

If you have any question or suggestion, please contact with us. We are happy to provide you services to you. Contact telephone number: MacKay Memorial Hospital: (02)25713760; Hsinchu MacKay Memorial Hospital: (03)5745098; Taitung MacKay Memorial Hospital: (089)310150 ext: 311. Time of consultant: 9:00 am~12:00 noon, 2:00 pm~5:00 pm Monday ~ Friday.

May God Bless You