



一般尿液檢查注意事項

2024/08/01

1 鏡檢常規尿液檢查注意事項

- 1.1 檢體不需加入任何添加物及保存劑。
- 1.2 採檢前請先洗手，以避免手部細菌污染。
- 1.3 常規尿液檢查檢體以早上第一次晨尿為原則，任一單次尿液檢體亦可；女性病人收集尿液檢體時應盡量避免陰道分泌物污染。
- 1.4 女性病人正值生理期時請主動告知門診醫護人員；必要時可以請護士協助以導尿的方式取得檢體。
- 1.5 尿液檢體請於採檢後兩小時內送至檢驗單位；如無法於兩小時內送達時，需以冰浴方式送檢。
- 1.6 嬰幼兒可以利用嬰幼兒專用尿袋收集尿液檢體。
- 1.7 尿液檢體請先以尿杯收集後再直接倒入離心管內(請儘量倒滿)，連同檢驗單一併放置於檢體放置處。
- 1.8 若病人有留置導尿管時，需請診間醫護人員協助，由導尿管直接抽取尿液檢體；請避免直接由尿袋倒取尿液，以免取到污染檢體，干擾檢驗結果。
- 1.9 若病人是以導尿、穿刺或其他特殊方式留取尿液檢體時，請主動告知受理人員。

2 中段尿檢體採取步驟：

- 2.1 採檢前請先洗手，以避免手部細菌污染。
- 2.2 請先將外陰部擦拭清潔。
- 2.3 解前段尿丟棄。
- 2.4 留中段尿液於指定容器內以供檢驗。
- 2.5 剩餘的尿液丟棄。
- 2.6 檢體量與檢體運送及保存條件，請依照檢查項目需求處理。

3 檢體收件時間及地點

- 3.1 台北院區：週一~週五07:30~22:00 及週六07:30~15:00，請至福音樓一樓門診檢驗。
- 3.2 淡水院區：週一~週五07:30~17:30 及週六07:30~14:30，請至馬偕樓二樓門診檢驗。
- 3.3 其他時間或國定假日期間暫停服務。

4 洽詢電話

- 4.1 馬偕紀念醫院台北院區(02)25433535 轉檢驗科2230。
- 4.2 馬偕紀念醫院淡水院區(02)28094661 轉檢驗科2463。



Urinalysis

2024/08/01

1 About urinalysis under microscopy

- 1.1 It is unnecessary to add any additives or preservatives in the urine specimens.
- 1.2 Please wash hands before collect the urine.
- 1.3 The urine specimen at any hour is acceptable, but the first-time urine after wake up is preferable. The collection of female urine should avoid the contamination of vaginal secretion.
- 1.4 Please notify the OPD nurse while you are in the menstrual period. The nurse will assist you to collect the urine specimen through urethral catheterization if necessary.
- 1.5 Please transfer the urine specimen to the laboratory within 2 hours after collection. It is recommended to have the urine specimen transferred in ice bath, if beyond 2 hours after collection.
- 1.6 There are specific collection bags available for the urine specimens of infants.
- 1.7 Please collect the urine in the cup, then, pour into the centrifuge tube to fill it up. Finally, leave the centrifuge tube and examination form at the specimen collection site.
- 1.8 While the patients have the Foley catheter in place, please ask the OPD nurse to obtain the urine specimen directly from the Foley catheter. In order to avoid the specimen contamination and testing interference, please do not obtain the urine specimen directly from the urine bag.
- 1.9 If the urine were collected through catheterization, aspiration, or other special method, please notify the laboratory personnel.

2 Steps to collect the mid-portion of urine specimen

- 2.1 Please wipe the vulva clean.
- 2.2 Do not collect the first portion of urine.
- 2.3 Collect the mid-portion of urine in the cup and pour into the designated container.
- 2.4 Discard the remainder of urine.
- 2.5 Please follow the requirement of testing item, send the specimen in the appropriate amount, transport and storage conditions.

3 Time and location to send

- 3.1 Mackay Memorial Hospital at Taipei: During 7:30 am to 10:00 pm on Monday to Friday, or 7:30 am to 3:00 pm on Saturday, please visit the OPD laboratory.(1st floor, Gospel Building)
- 3.2 Mackay Memorial Hospital at Tamshui: During 07:30 am to 05:30 pm on Monday to Friday, or 07:30 am to 02:30 pm on Saturday, please visit the OPD laboratory. (2nd floor, Mackay Building)
- 3.3 Please avoid other hours and holidays

4 Telephone for inquiry

- 4.1 Mackay Memorial Hospital Laboratory at Taipei: (02)25433535 Extension 2230
- 4.2 Mackay Memorial Hospital Laboratory at Tamshui: (02)28094661 Extension 2463