



一般糞便檢查注意事項

2024/08/01

1 採取檢體步驟

- 1.1 若為單一潛血檢查項目(化學法)：門診檢驗櫃台會提供您一個糞便收集容器，請轉開容器蓋子，利用蓋子附著的杓匙，取至少約花生米大小的糞便〈如右圖大小〉，置於容器內，並轉緊蓋子。
- 1.2 若為輪狀病毒檢查：門診檢驗櫃檯會提供您一個透明壓克力容器，請用乾淨的竹棒，取約花生米大小的糞便置於容器內，並轉緊蓋子。
- 1.3 若為 $\alpha 1$ -Antitrypsin檢查項目：門診檢驗櫃檯會提供您一個透明壓克力容器，請用乾淨的竹棒收集糞便大約到容器的刻度20處。
- 1.4 若為其他項目或多項檢查：門診檢驗櫃檯會提供您一個透明壓克力容器，請用乾淨的竹棒收集糞便大約到容器的刻度15處，請勿使用棉花棒挖取。

2 檢體採取注意事項

- 2.1 採檢時請避免挖取沾到馬桶內尿液及自來水的部分；同時也請勿將糞便直接置於衛生紙或擦手紙上。
- 2.2 為避免干擾檢驗結果，請勿使用棉花棒挖取。
- 2.3 若需要以化學法檢測糞便潛血時，請於採集前三天避免進食紅肉、肝臟及菠菜、甘藍、花椰菜等食物，以避免造成偽陽性結果。
- 2.4 若是以免疫法檢測糞便潛血時，您不需要限制飲食種類。
- 2.5 因為嬰幼兒不容易一次取到足量的檢體，若需要分次收集時，請將檢體暫時置於冰箱冷藏保存(約 $2-8^{\circ}\text{C}$)，以避免細菌孳生。
- 2.6 若有寄生蟲或阿米巴檢查，糞便請勿冷藏，並請儘速於1小時內送至門診檢驗科櫃台。

3 檢體收件時間及地點

- 3.1 台北院區：週一~週五07:30~22:00 及週六07:30~15:00，請至福音樓一樓門診檢驗。
- 3.2 淡水院區：週一~週五07:30~17:30 及週六07:30~14:30，請至馬偕樓二樓門診檢驗。
- 3.3 其他時間或國定假日期間暫停服務。
- 3.4 請於採取檢體後兩小時內連同檢驗單送達門診檢驗；若無法於兩小時內送達時，請以電話詢問處理方式。

4 洽詢電話

- 4.1 馬偕紀念醫院台北院區(02)25433535 轉檢驗科2230。
- 4.2 馬偕紀念醫院淡水院區(02)28094661 轉檢驗科2463。



Stool Analysis

2024/08/01

1 Steps to collect the specimen

- 1.1 For the occult blood test (chemical method), the OPD laboratory counter will offer you a S-Y feces test bottle. Unscrew the lid and use the attached inner scoop to collect the stool approximately a peanut size (shown as the figure). Then screw it back.
- 1.2 For the test of rotavirus, the OPD laboratory counter will offer you a transparent container. Please collect feces with a clean bamboo stick approximately a peanut size (shown as the figure).
- 1.3 For the test of α 1-Antitrypsin, the OPD laboratory counter will offer you a transparent container. Please collect feces with a clean bamboo stick up to the scale 20..
- 1.4 For all other tests, the OPD laboratory counter will offer you a transparent container. Please collect feces with a clean bamboo stick up to the scale 15. Do not use a cotton stick.

2 Notes for the collection of specimen

- 2.1 Please avoid the contamination of urine or water in the toilet while collecting the stool specimen. Meantime, do not place the stool directly over the toilet tissue or towel paper.
- 2.2 In order to avoid the interference of laboratory results, please do not sample with a cotton stick.
- 2.3 Within 3 days prior to the occult blood test (chemical method), please do not eat red meat, liver, spinach, cabbage, cauliflower, etc. to avoid the false positive results.
- 2.4 For the occult blood test (immune method), you are not restricted by certain kinds of food.
- 2.5 Due to the difficulty to obtain enough specimen from infants at a time, it may need collection of several times and storage of specimen in a refrigerator (2-8°C) to avoid bacterial colonization.
- 2.6 When the examination of parasite or amoeba is required, please do not refrigerate the stool specimen. Meanwhile, please send the stool specimen to the OPD laboratory counter within 1 hours.

3 Time and location to send

- 3.1 Mackay Memorial Hospital at Taipei: During 7:30 am to 10:00 pm on Monday to Friday, or 7:30 am to 3:00 pm on Saturday, please visit the OPD laboratory. (1st floor, Gospel Building)
- 3.2 Mackay Memorial Hospital at Tamshui: During 07:30 am to 05:30 pm on Monday to Friday, or 07:30 am to 02:30 pm on Saturday, please visit the OPD laboratory. (2nd floor, Mackay Building)
- 3.3 Please avoid other hours and holidays
- 3.4 Please transfer the specimen to the laboratory within 2 hours after collection, otherwise, call the following telephone number for further instruction.

4 Telephone for inquiry

- 4.1 Mackay Memorial Hospital Laboratory at Taipei: (02)25433535 Extension 2230
- 4.2 Mackay Memorial Hospital Laboratory at Tamshui: (02)28094661 Extension 2463